

An Garda Síochána

If you are deaf, deafened, hard of hearing or have a speech impairment: Text 112, you need to register your phone on www.112.ie first.



www.112.ie



999/112

Samaritans Ireland

Emotional Support



www.samaritans.org



116 123

Rape Crisis Helpline



www.rapecrisishelp.ie



1800 778 888

Teenline



www.ispcc.ie/teenline/



1800 833 634

Your Mental Health



1800 742 444

HSE Drug & Alcohol Helpline

Including spiking and harm reduction



www.drugs.ie



1800 459 459

Pieta

Suicide Prevention and Support



www.pieta.ie



1800 247 247



Text: HELP to 51444

Women's Aid



helpline@womensaid.ie



1800 341 900

Men's Aid



www.mensaid.ie



01 554 3811

Sexual Assault Treatment Units (SATUs)



www.hse.ie/services/satu/



Night-Time Economy Resources

Failte Ireland: Accessible and Inclusive Tourism

You will find a range of training and supports that have been developed to help Irish tourism businesses understand and provide visitor experiences that are welcoming to everybody



<https://supports.failteireland.ie/accessible-and-inclusive-tourism/>

All Right, All Night – Active Bystander Training

All Right All Night provides training programmes and workshops to enable an understanding of all forms of sexual misconduct, harassment and violence among 16 – 24 year olds, and supports the development of safe and effective bystander intervention skills.



www.ucc.ie/en/allright-allnight

Safe Gigs Ireland

A national Irish initiative supporting venues and promoters to create zero-tolerance environments for harassment, discrimination and sexual violence.



www.safegigs.ie

Give Us The Night

A voluntary group that advocates for the night-time industry.



<https://www.giveusthenight.com/>

Crime Victims Helpline



www.crimevictimshelpline.ie



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Text/Whatsapp: 085 133 7711